

## Front Carry Instructions:



**Step 1:**  
Tie the bottom straps (the short straps) around your waist with a square knot.

**Step 2:**  
Hold your baby in your arms, pull the carrier up through their legs. Make sure your baby is snuggled deeply in the carrier. Cross the shoulder straps behind you and bring them around to the front.

**Step 3:**  
Holding one strap in each hand, pull to tighten them and cross them over your child's legs under their bottom.

**Step 4:**  
Using a square knot, tie the straps in front, or bring them back around and tie them behind you.

## Newborn Front Carry Instructions:



**Step 1:**  
Hold your baby on your chest, notice how their legs curl up. This is the position they will stay in while inside your carrier.

**Step 2:**  
Pull the Carrier up, over your baby, keeping both legs inside the carrier. Cross the shoulder straps behind you.

**Step 3:**  
Pull the straps tight and bring them around, across the middle of the carrier to lend extra support to your newborn.

**Step 4:**  
Tie with a square knot in front or bring them back around and tie them behind you.

## Back Carry Instructions:

Practice using your new baby carrier over a soft surface and with an adult spotter.



**Step 1:**  
Tie the bottom straps (the short straps) around your waist with a square knot.

**Step 2:**  
Hold your baby on your hip, lean over and slowly scoot them toward the middle of your back.

**Step 3:**  
While leaning over, hold your baby with one hand. Lift the body of your baby carrier with the other hand.

**Step 4:**  
Pull the body of your carrier up, through your baby's legs. Hold onto the straps and bring them over your shoulders.



**Step 5:**  
While holding the straps, gently bounce up and down to seat your baby deep in the carrier.

**Step 6:**  
Bring the straps under your arms, over your baby's legs and cross them under your baby's bottom.

**Step 7:**  
Using a square knot, tie the straps under your baby's bottom, or bring the straps back under your baby's legs and tie in the front.

**Variation:**  
You may also cross the straps across your chest, this is a great daddy carry.

IMPORTANT! KEEP FOR FUTURE REFERENCE  
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